

# STOP: STOP Child Abuse Through Effective Training and Augmented Reality

## **IO1.A3 LEARNING OUTCOMES AND SYLLABUS**



# P4 – Asociación Deses-3



#### STOP FRAMEWORK

## **MODULE 3: SEXTING**

## 1. General Description of the Module

This module provides information about the risks associated with sharing and receiving sexting.

### 2. List of Topics:

**Topic 1:** Sexting, appropriate usage of digital contents and sociological factors.

**Short description:** definition of what is sexting about, an explanation of its positive usage.

**Topic 2:** Primary sexting and secondary sexting.

**Short description:** what is primary, peer and social pressure and healthy relationships. What is secondary sexting (receiving pictures) manipulation of the multimedia content, pornography and crime of defamation, clarification on what can happen when sexual content of a third person is received and shared, especially when that is not the original content (cases of deep nude).

**Topic 3:** Risks related to sexting.

**Short description:** description of risks related to sexting and victimization such as what revenge porn is, introduction to sextortion, deep nude, cyberbulling, child pornography with a focus on the digital footprint.

**Topic 4:** Health consequences of sexting.

Short description: suicide, depression, anxiety description as major consequences.

**Topic 5:** Sexting prevention.

Short description: how to prevent primary and secondary sexting. And how to treat peers sexting and adult/youth sexting.



This project has been funded with support from the European Commission. This communication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Submission Number: 2019-2-HR01-KA205-061028

**Topic 6:** Youth Worker reaction to the child sexual abuse emerged from sexting.

**Short description:** how the youth worker reacts in front of the suspect of sexual abuse, the relate of the abused child, the cohabitation of victim and perpetrator in the same environment.

	MODULE 3: SEXTING for ages 8-12						
Topic 1:	Main Objectives:	KNOWLEDGE (In the context of EQF,	SKILLS (In the context of EQF, skills are	ATTITUDE (In the context of the EQF, attitude	SCENARIO		
Sexting	- To know what sexting is;	knowledge is described as theoretical and/or factual)	described as practical)	is described as the ability of the learner to apply knowledge and			
	- Being aware of the limit between a right practice and an			skills autonomously and with responsibility)			
	erroneous one;	I understand/ know	I am able to/ can show	I am able to/ can show			
	- Understanding that there are some less risky ways of	- I know what sexting is.	- I am able to explain the concept of sexting and adapt it	-I am able to know when to approach a child that I suspect			
	practising sexting: erotic vs nude;	- I understand the sociological reasons behind sexting.	to the recipient of my explanation.	could be a victim of a sextortion.			
	- To recognize the sociological factors that lead to its practice.	-I know the limits of someone's consent if sexual content of him/her are shared.	-I am able to recognize if a child is practising sexting just because of social pressure.	-I am able to understand when to ask for professional help in case of unpleasant situations that I'm not able to manage by myself.			
		- I know the difference between the right practices of sexting and the erroneous one.	- I am able to give examples of both positive and negative practice of sexting adapted to the age of the audience.	-I can show empathy to a child confessing being a victim of sextortion.			



Topic 2:	Main Objectives:	- I understand the difference	-I am able to check the	- I can show empathy to the
-	- To know the difference	between sharing and receiving	authenticity of the content	child expressing shame for
Primary and	between sharing and receiving	sexual pictures and the effects	received.	sharing sexual images.
Secondary	sexual content;	that both types of sexting		
Sexting		have on one's own consent.	-I am able to recognize the sign	-I can show concern on some
_	- To be aware that not always		of abuse of someone's image or	suspicious behaviour of children
	all the digital contents received	- I know that a lot of content	reputation.	receiving sexual content.
	are as the original or legally	in the social networks are		
	shared;	modified.	-I am able to understand when	-I am able to understand when
			someone's identity is used for	to address the major problem of
	- To recognize sharing as a	- I understand that resharing	pornographic purposes.	a possible happening sextortion
	negative action that could have	sexual pictures is a defamation		to the relevant people (family,
	negative consequences;	crime punishable by law.	-I am able to explain the	supervisors, etc).
			difference between primary and	
	- Recognizing when sharing	- I know on which point a	secondary sexting and raise	-I am able to recognize when to
	pictures of someone is starting	healthy social relationship is	awareness among children.	activate a protocol if some
	being pornography.	held on.		abuse is denounced.
Topic 3	Main Objectives:	-I understand that every	-l am able to explain what a	- I am able to empathize with
	-Knowing what are the	action on the Internet has	digital footprint is and how to	the victims of a bad practice of
Risks related	psychological consequences of	consequences for the rest of	keep it safe from abuses of any	sexting.
to sexting	the bad practice of sexting;	our lives.	kind.	
				-I can show concern for a
	-To understand which contents	-I understand what a digital	-I can show age-adapted	manipulated or abused digital
	and for how long those stays on	footprint is and how to	examples of someone who is	footprint and act accordingly to
	the Internet and social	prevent abuses of it.	suffering the consequences of a	prevent further risks.
	networks.		bad sexting practice.	
		- I understand the concept of		- I am able to understand when
	-Being conscious about the	revenge porn and the	-I can show the limits of a good	to defend a young victim of
	phyco-physical effects that a	consequences it has.	relationship with the ICTs and	cyberbullying.
	sexual content shared could		social networks.	
	have for the rest of someone's	- I know that sexting can		- I can show involvement and
	life in all its aspects;	degenerate into sextortion.		interest when a child is



	<ul> <li>Knowing what revenge porn is, as well as deep nude;</li> <li>Being aware of the risks and the exposition to sextortion when sexting is practiced;</li> <li>To understand the roots of child pornography.</li> </ul>	<ul> <li>I know that child pornography is a form of child sexual abuse.</li> <li>I know what deep nude is and how to deal with it.</li> </ul>	<ul> <li>I am able to recognize a sextortion when a child is a victim of it.</li> <li>I am able to detect the signs of cyberbullying on one of its victims.</li> </ul>	approaching for doubts about sexting risks related.  -I am able to be trusted by children when it comes for them to confess concerns, issues or risks they feel they might be exposed to in other settings of their lives.	
Topic 4  Health consequences of sexting	Main Objectives:  - Knowing the major health consequences that sexting as a sexual abuse practice can have on the victim;  - To recognize the symptoms of a sexual abuse;  - To be aware that extreme actions from the victims, such as suicide, can start from anxious behaviours or depression;  - To know how to deal with the symptoms of sexual abuse coming from sexting practice.	<ul> <li>-I know that victims of sexual abuse, including the bad practice of sexting, suffer many problems for the rest of their lives, especially suicidal behaviours.</li> <li>-I understand that sexting abuse can bring the victim to whether social and psychophysical distress.</li> <li>-I know how to recognize the symptoms of abuse and how to reach an admission by the victim.</li> </ul>	<ul> <li>-I am able to recognize where anxious behaviours are hiding a victim of abuse.</li> <li>-I can show examples of depressive behaviours turning into suicidal thoughts to a very young audience for prevention purposes.</li> <li>-I am able to list the symptoms that someone abused has, so for the closer mates to be attentive and watch each other backs.</li> <li>-I can calm down the person suffering of anxiety or depression because of sexual abuse.</li> </ul>	<ul> <li>- I am able to offer my help in the unpleasant situation of a person suffering the consequences of an abuse received.</li> <li>-I am able to recognize my limited knowledge on the issue and ask for specialized help whenever the situation needs it.</li> <li>-I can understand when it's time to comply with a protocol to minimize the risks a child could attempt to his own life.</li> </ul>	
Topic 5	Main Objectives: -To know how to prevent both primary and secondary sexting;	- I know how to be safe from both primary and secondary bad sexting practises.	-I am able to recognize the right practise of sexting from an abusive one.	-I can offer my help to people of different ages when it comes to	



Sexting				avoiding their involvement in
prevention	-To be aware that there is	-I understand the difference	-I can show examples of	bad practices of sexting.
	difference between the	that having a certain age can	situations when a bad practise	
	practise of sexting among	have in practising a right or a	of sexting can be prevented and	-I am able to recognize the best
	youngsters and adults;	bad sexting.	adapt it to the young audience.	time to ask for help from more
				acknowledged people if I might
	-Knowing how to correctly treat	-I know how to approach and	-I can distinguish the effects that	have doubts on how to treat
	this theme among a sensible	treat the topic of sexting, as	peer, young and adult sexting	sexting prevention.
	audience of different ages.	well as how to prevent abuses.	have on the people practising it.	
				-I can be a good ambassador of
				sexting prevention among
				children.
Topic 6	Main Objectives:	-I understand that my role is	-I can react wisely and follow the	- I am able to make the victim
	-To know how to react when a	key in arising trust in the inner	protocol when a child is	feel that I am a person to be
Youth	child confesses having been	of the victim, so to approach	confessing an abuse.	trusted.
Worker	abused through sexting;	me and relate the abuse.		
reaction to			-I am able to make unpleasant	-l can show cold blood in front
child sexual	-To understand the symptoms	-I know how to react in front	decisions when it comes to deal	of a confession of abuse.
abuse	of abuse and promptly react to	of evident signs of abuse, even	with the cohabitation of the	
emerged	help out the victim;	if the child is not confessing it.	victim and perpetrator in the	-I am able to understand when
from sexting			same environment.	it's better to ask for help and
	-To be able to interrupt the	-I know how to deal with the		properly report the abuse.
	abusive relationship between	presence of victim and	-I can calm down the concerns	
	victim and perpetrator when	perpetrator in the same	of further children peers that	-I can be impartial in case the
	both of them are cohabitating	environment.	live in the same environment of	victim and the perpetrator
	in the same environment;		the abused child.	cohabite the same setting.
		-I understand that, when the		
	-To understand when it is time	victim and perpetrator are	-I am able to rationalize the	-I am able to keep my
	to comply with the measures	peers, it is relevant to also act	situation and keep my deep	involvement as less personal as
	described by the protocol for	on the group to prevent	concern for myself for child's	possible, in order to react
	the victims' sake, but also to	further abuses in the same	sake.	correctly.
	restore a sense of safety among	setting.		
	the abused child's peers.			



		MODULE 3: SEXT	ING for ages 13-18		
Topic 1:	Main Objectives:	KNOWLEDGE	SKILLS	ATTITUDE	SCENARIO
Sexting	- To know what sexting is;	(In the context of EQF, knowledge is described as theoretical and/or	(In the context of EQF, skills are described as practical)	(In the context of the EQF, attitude is described as the ability of the	
	- Being aware of the limit between a right practice and an erroneous one;	factual)		learner to apply knowledge and skills autonomously and with responsibility)	
	- Understanding that there are some less risky ways of	I understand/ know	I am able to/ can show	I am able to/ can show	
	practising sexting: erotic vs nude;	- I know what sexting is.	- I am able to explain the concept of sexting and adapt it	-I am able to know when to approach a youngster that I	
	- To recognize the	- I understand the sociological reasons behind sexting.	to the recipient of my explanation.	suspect could be a victim of a sextortion.	
	sociological factors that lead	-I know the limits of someone's	-I am able to recognize if a	-I am able to understand when	
	to its practice.	consent if sexual content of	youngster is practising sexting	to ask for professional help in	
		him/her is shared.	just because of social pressure.	case of unpleasant situations that I'm not able to manage by	
		- I know the difference	- I am able to give examples of	myself.	
		between the right practices of sexting and the erroneous one.	both positive and negative practice of sexting adapted to	-I can show empathy to a	
			the age of the audience.	youngster confessing being a victim of sextortion.	



Submission Number: 2019-2-HR01-KA205-061028

Topic 2:	Main Objectives:	- I understand the difference	-I am able to check the	- I can show empathy to the
	- To know the difference	between sharing and receiving	authenticity of the content	youngster expressing shame for
Primary and	between sharing and	sexual pictures and the effects	received.	sharing sexual images.
Secondary	receiving sexual content;	that both types of sexting have		
Sexting		on one's own consent.	-I am able to recognize the sign	-I can show concern on some
	- To be aware that not		of abuse of someone's image	suspicious behaviour of young
	always all the digital	- I know that a lot of content in	or reputation.	people receiving sexual content.
	contents received are as the	the social networks are		
	original or legally shared;	modified.	-I am able to understand when	-I am able to understand when
			someone's identity is used for	to address the major problem of
	- To recognize sharing as a	- I understand that resharing	pornographic purposes.	a possible happening sextortion
	negative action that could	sexual pictures is a defamation		to the relevant people (family,
	have negative	crime punishable by law.	-I am able to explain the	supervisors, etc).
	consequences;		difference between primary	
		- I know on which point a	and secondary sexting and	-I am able to recognize when to
	- Recognizing when sharing	healthy social relationship is	raise awareness among young.	activate a protocol if some abuse
	pictures of someone is	held on.		is denounced.
	starting being pornography.			
Topic 3	Main Objectives:	-I understand that every action	-I am able to explain what a	- I am able to empathize with the
	-Knowing what are the	on the Internet has	digital footprint is and how to	victims of a bad practice of
Risks related	psychological consequences	consequences for the rest of	keep it safe from abuses of any	sexting.
to sexting	of the bad practice of	our lives.	kind.	
	sexting;			-I can show concern for a
		-I understand what a digital	-I can show age-adapted	manipulated or abused digital
	-To understand which	footprint is and how to prevent	examples of someone who is	footprint and act accordingly to
	contents and for how long	abuses of it.	suffering the consequences of a	prevent further risks.
	those stays on the Internet		bad sexting practice.	
	and social networks.	- I understand the concept of		- I am able to understand when
		revenge porn and the	-I can show the limits of a good	to defend a young victim of
	-Being conscious about the	consequences it has.	relationship with the ICTs and	cyberbullying.
	phyco-physical effects that a		social networks.	
	sexual content shared could	- I know that sexting can		- I can show involvement and
	have for the rest of	degenerate into sextortion.		interest when a youngster is



Submission Number: 2019-2-HR01-KA205-061028

	someone's life in all its		- I am able to recognize a	approaching for doubts about
	aspects;	- I know that child pornography	sextortion when a youngster is	sexting risks.
		is a form of child sexual abuse.	a victim of it.	
	- Knowing what revenge			-I am able to be trusted by young
	porn is, as well as deep	- I know what deep nude is and	- I am able to detect the signs	people when it comes for them
	nude;	how to deal with it.	of cyberbullying on one of its victims.	to confess concerns, issues or risks they feel they might be
	- Being aware of the risks		VICUITIS.	exposed to in other settings of
	and the exposition to			their lives.
	sextortion when sexting is			then lives.
	practiced;			
	process,			
	- To understand the roots of			
	child pornography.			
Topic 4	Main Objectives:	-I know that victims of sexual	-I am able to recognize where	- I am able to offer my help in
	- Knowing the major health	abuse, including the bad	anxious behaviours are hiding a	the unpleasant situation of a
Health	consequences that sexting	practice of sexting, suffer many	victim of abuse.	person suffering the
consequences	as a sexual abuse practice	problems for the rest of their		consequences of an abuse
of sexting	can have on the victim;	lives, especially suicidal	-I can show examples of	received.
	To make a wine the	behaviours.	depressive behaviours turning	Law abla to wadanstand whom
	- To recognize the symptoms of a sexual abuse;	-I understand that sexting	into suicidal thoughts to a very young audience for prevention	-I am able to understand when it's better to ask for specialized
	symptoms of a sexual abuse,	abuse can bring the victim to	purposes.	help whenever the situation
	- To be aware that extreme	whether social and psycho-	purposes.	needs it.
	actions from the victims,	physical distress.	-I am able to list the symptoms	necus it.
	such as suicide, can start	pyoroan anoth cool	that someone abused has, so	-I can recognize when to comply
	from anxious behaviours or	-I know how to recognize the	for the closer mates to be	with a protocol to minimize the
	depression;	symptoms of abuse and how to	attentive and watch each other	risks a youngster could attempt
		reach an admission by the	backs.	to his own life.
	- To know how to deal with	victim.		
	the symptoms of sexual		-I can calm down the person	
	abuse coming from sexting		suffering of anxiety or	
	practice.			



			depression because of sexual	
			abuse.	
Topic 5	Main Objectives:	- I know how to be safe from	-I am able to recognize the	-I can offer my help to people of
	-To know how to prevent	both primary and secondary	right practise of sexting from	different ages when it comes to
Sexting	both primary and secondary	bad sexting practises.	an abusive one.	avoiding their involvement in
prevention	sexting;			bad practices of sexting.
		-I understand the difference	-I can show examples of	
	-To be aware that there is	that having a certain age can	situations when a bad practise	-I am able to understand when
	difference between the	have in practising a right or a	of sexting can be prevented	to ask for help from more
	practise of sexting among	bad sexting.	and adapt it to the young	acknowledged people if I might
	youngsters and adults;	_	audience.	have doubts on how to treat
		-I know how to approach and		sexting prevention.
	-Knowing how to correctly	treat the topic of sexting, as	-I can distinguish the effects	
	treat this theme among a	well as how to prevent abuses.	that peer, young and adult	-I can be a good ambassador of
	sensible audience of	·	sexting have on the people	sexting prevention among young
	different ages.		practising it.	people.
Topic 6	Main Objectives:	-I understand that my role is	-I can react wisely and follow	- I am able to make the victim
	-To know how to react when	key in arising trust in the inner	the protocol when a youngster	feel that I am a person to be
Youth	a youngster confesses	of the victim, so to approach	is confessing an abuse.	trusted.
Worker	having been abused through	me and relate the abuse.		
reaction to	sexting;		-I am able to make unpleasant	-I can show cold blood in front of
child sexual		-I know how to react in front of	decisions when it comes to	a confession of abuse.
abuse	-To understand the	evident signs of abuse, even if	deal with the cohabitation of	
emerged	symptoms of abuse and	the youngster is not confessing	the victim and perpetrator in	-I am able to understand when
from sexting	promptly react to help out	it.	the same environment.	it's the better time to ask for
	the victim;			help and properly report the
		-I know how to deal with the	-I can calm down the concerns	abuse.
	-To be able to interrupt the	presence of victim and	of further young peers that live	
	abusive relationship	perpetrator in the same	in the same environment of the	-I can be impartial in case the
	between victim and	environment.	abused child.	victim and the perpetrator
	perpetrator when both of			cohabite the same setting.
	them are cohabitating in the	-I understand that, when the	-I am able to rationalize the	
	same environment;	victim and perpetrator are	situation and keep my deep	



		peers, it is relevant to also act	concern for myself for	-I am able to keep my	
-To	understand when it is	on the group to prevent further	youngster's sake.	involvement as less personal as	
time	e to comply with the	abuses in the same setting.		possible, in order to react	
mea	asures described by the			correctly.	
prote	tocol for the victims'				
sake	e, but also to restore a				
sens	se of safety among the				
abus	sed youngster's peers.				